

SESSION TWO: HOW TO HEAR FROM GOD



02

How to Hear from God

The Big Question: How Do We Hear God's Voice?

God is always speaking — but are we listening?



02

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Sensitivity to the Holy Spirit (Bill Johnson)

“Royalty is my identity. Servanthood is my assignment. Intimacy with God is my life source.”

“The Spirit himself testifies with our spirit that we are God’s children.”

-Romans 8:16



02

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Key Insight

You were created with the capacity to hear God. It's not about ability—it's about sensitivity.

Exercise:

Sit in stillness for 5–10 minutes daily.

Ask: “*Holy Spirit, what are You saying today?*”



02

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Hearing God Through Scripture (Tim Keller)

“The Bible is God’s primary way of communicating with us.”

“Your word is a lamp to my feet and a light to my path.”

-Psalm 119:105

Exercise:

Meditate on a passage (e.g., Psalm 23).
Ask: “God, what are You highlighting to me?”



02

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Silence & Solitude (Jon Tyson)

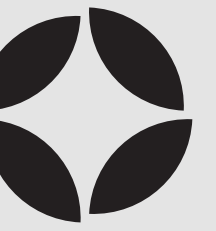
“The joy and satisfaction that come from being faithful to Christ will always be richer than the ease that comes from drifting along cultural currents.”

“Be still, and know that I am God.”

-Psalm 46:10

Exercise:

10 minutes of silence — no phones, no words, no prayers. Just be still.



02

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Peace & Purpose (Rick Warren)

“It’s not about you. You were born by His purpose and for His purpose.”

“Let the peace of Christ rule in your hearts.”
-Colossians 3:15

Exercise:

When facing a decision, ask: Does this lead me to deeper peace and purpose?



02

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Community Confirmation (Nicky Gumbel)

“If God answers ‘Yes’, He is increasing your faith. If ‘Wait’, He is increasing your patience. If ‘No’, He has something better for you.”

“In an abundance of counsellors there is safety.”

-Proverbs 11:14

Exercise:

Share what you sense with a mature believer. Ask:
“What do you think God may be saying?”



02

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Hunger for God (A.W. Tozer)

“The key to hearing from God is hunger for His presence.”

“Blessed are those who hunger and thirst for righteousness, for they will be filled.”

-Matthew 5:6

Exercise:

Pray: “God, increase my hunger for Your presence.” Engage in worship, Scripture, prayer.



02

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God's Whisper & Daily Discernment (Tyler Staton)

- **John 10:27** — “*My sheep listen to my voice...*”
- **1 Kings 19:12** — “*A gentle whisper.*”
- **Luke 24:32** — “*Were not our hearts burning within us...?*”



02

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Exercise: Daily Examen —

- 1- Review your day with God
- 2- When did I sense God's presence?
- 3- When did I feel distant from Him?
- 4- Pray one prayer for tomorrow.